

FOLLOW-UP CARE FOR CHILDREN PRESCRIBED ADHD MEDICATION

Community First Health Plans is committed to working with our Providers to improve the quality of care for our Members. This Provider Tip Sheet provides information about follow-up care with children who have been prescribed attention-deficit/hyperactivity disorder (ADHD) medication.

The purpose of this Provider Tip Sheet is to help Providers in our network improve their ADHD Healthcare Effectiveness Data and Information Set (HEDIS) follow-up scores. HEDIS helps to rate health plans based on the quality and timeliness of health care, factors that contribute significantly to health outcomes. The National Committee for Quality Assurance (NCQA) creates and administers these evaluations.

The ADHD HEDIS Measure is the percentage of children, ages 6-12 years old, newly prescribed ADHD medication who had at least three follow-up care visits within a 10-month period, one of which was within the first 30 days of when the ADHD medication was first dispensed. T

Two rates are reported:

- » Initiation Phase: Percentage of patients who had one follow-up visit with a practitioner with prescribing authority within 30 days of when the first ADHD medication was dispensed.
- » Continuation and Maintenance Phase: After the end of the Initiation Phase, the percentage of patients who remained on ADHD medication for at least 210 days (7 months) and who had at least two follow-up visits within 270 days (9 months) .

Improving Your ADHD HEDIS Follow-Up Scores

1. Initiation Phase: To ensure the patient completes a follow-up visit within 30 days of a new prescription, prescribe no more than a 30-day supply of medication during the first visit. Schedule the first follow-up visits within 14-21 days to assess the patient's response to the medication and evaluate for possible adverse effects, OR consider prescribing an initial 14-day supply and subsequent 30-day supplies to ensure adequate patient follow-up. Remember that telephonic and telehealth visits qualify for this measure.
2. Continuation and Maintenance Phase: To ensure that the patient receives at least two additional follow-up visits within nine months (270 days), schedule these appointments while the patient is at the clinic for their first appointment.
 - » One of two visits may be an e-visit or virtual check-in, depending upon the Member's benefits
 - » Do not continue prescriptions unless the patient completes at least two appointments each year so you can evaluate progress and the effectiveness of the medication.
 - » Explain to parents/caregivers how to monitor children who receive ADHD medication and why it is important to do so

For more information, please contact Provider Services.
[Email ProviderRelations@cfhp.com](mailto:ProviderRelations@cfhp.com) | Call (210) 358-6294



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ADHD MEDICATIONS	
Drug Class	Prescription
CNS Stimulants	Dexmethylphenidate Dextroamphetamine Lisdexamfetamine Methylphenidate Methamphetamine
Alpha-2 receptor agonists	Clonidine Guanfacine
Misc. ADHD medications	Atomoxetine



VISIT TYPE	CPT	HCPCS	POS	UBREV
Unspecified Visits	90791 90792 90832 90833 90834 90836 90837 90838 90839 90840 90845 90847 90849 90853 90875 90876 99221 99222 99223 99231 99232 99233 99238 99239 99252 99253 99254 99255	N/A	03 05 07 09 11 12 13 14 15 16 17 18 19 20 22 33 49 50 71 72	N/A
BH Outpatient	98000 98001 98002 98003 98004 98005 98006 98007 98960 98961 98962 99078 99202 99203 99204 99205 99211 99212 99213 99214 99215 99242 99243 99244 99245 99341 99342 99344 99345 99347 99348 99349 99350 99381 99382 99383 99384 99385 99386 99387 99391 99392 99393 99394 99395 99396 99397 99401 99402 99403 99404 99411 99412 99483 99492 99493 99494 99510	G0155 G0176 G0177 G0409 G0463 G0512 G0560 H0002 H0004 H0031 H0034 H0036 H0037 H0039 H0040 H2000 H2010 H2011 H2013 H2014 H2015 H2016 H2017 H2018 H2019 H2020 T1015	N/A	0510 0513 0515 0516 0517 0519 0520 0521 0522 0523 0526 0527 0528 0529 0900 0902 0903 0904 0911 0914 0915 0916 0917 0919 0982 0983
Partial Hospitalization or Intensive Outpatient	N/A	G0410 G0411 H0035 H2001 H2012 S0201 S9480 S9484 S9485	52	0905 0907 0912 0913
Health and Behavior Assessment or Intervention	96156 96158 96159 96164 96165 96167 96168 96170 96171	N/A	N/A	N/A
Telephone Visits	98008 98009 98010 98011 98012 98013 98014 98015 98966 98967 98968 99441 99442 99443	N/A	02 10	N/A
Online Assessments	98016 98970 98971 98972 98980 98981 99421 99422 99423 99457 99458	G0071 G2010 G2012 G2250 G2251 G2252	N/A	N/A
Community Mental Health Center Visit	N/A	N/A	53	N/A

***Exclusion(s): Acute Inpatient Narcolepsy, Hospice**