# **COMMUNITY FIRST INSURANCE PLANS**

# **SCHEDULE OF BENEFITS AND COST SHARING**

## University Community Care Plan by Community First – Silver 87 Standard Plan

The following chart summarizes the coverage available under Your Exclusive Provider Organization (EPO) Policy. For details, refer to COVERED SERVICES AND BENEFITS. All Covered Services (except in emergencies) must be provided by or through a Participating Primary Care Physician/Practitioner, who may authorize You for further treatment by Providers in the applicable network of Participating Specialists and Hospitals, or by a Participating Specialist. Some services may require Preauthorization by Community First.

IMPORTANT NOTE: Copayments/Coinsurance shown below indicates the amount You are required to pay, are expressed as either a fixed dollar amount or a percentage of the Allowable Amount and will be applied for each occurrence, unless otherwise indicated. Copayments/Coinsurance, Deductibles and out-of-pocket maximums may be adjusted for various reasons as permitted by applicable law.

#### In Network Maximum Out of Pocket:

Individual: \$3,300 Family: \$6,600

## In Network Medical Deductible:

Individual: \$700 Family: \$1,400

In Network Copayment: (Except for Specialty Drugs as shown below)

### **Basic Coverage:**

Services must be obtained through Participating Network Providers.

Some services may require Preauthorization.

Detailed Prior-Authorization requirements are listed in the Health Insurance Exchange Prior-Authorization List.

Services with a (\*) indicate pre-authorization is required.

Services with a (+) indicate pre-authorization may be required.

endar Year Including Pharmacy Benefits		
\$3,300		
\$6,600		
Vear Including Pharmacy Benefits		
\$700		
\$1,400		
ional Services		
\$20 copay		
\$40 copay		
Hospital Services		
No copay		
30% coinsurance after deductible		
ysician and Facility Services		
30% coinsurance after deductible		
\$40 copay		
sion Therapy Services		
\$40 copay		
\$40 copay		
\$40 copay		
30% coinsurance after deductible		
+Chemotherapy 30% coinsurance after deductible Outpatient Laboratory and X-Ray Services		
30% coinsurance after deductible  30% coinsurance after deductible		

+Outpatient Lab (*Genetic Testing Requires Authorization)	30% coinsurance after deductible	
Rehabilitation and Habilitation Services		
*Rehabilitation Services, Habilitation Services and Therapies, per visit:	\$20 copay unless otherwise covered under Inpatient Hospital Services	
Limited to 35 visits per Calendar Year for Rehabilitation Services		
Limited to 35 visits per Calendar Year for Habilitation Services Visit limitations do not apply to Behavioral Health Services or the treatment of an acquired brain injury.		
Benefits for Autism Spectrum Disorder will not apply towards and are not subject to any rehabilitation and habilitation services visit maximums.		
Chiro	practic Care	
Chiropractic Care (35 visits per year) (+Authorization for Chiropractic not required)	\$40 copay per visit	
Maternity Care and	Family Planning Services	
Maternity Care  Prenatal and Postnatal Visit – After the initial office visit, Subsequent office visits	\$20 copay	
are covered in full Childbirth/Delivery professional services, per visit Inpatient Hospital Services, for each admission	No copay 30% coinsurance after deductible	
	CONTROL MARKET WE WELLER	
Family Planning Services Diagnostic counseling, consultations and planning services, per visit	\$20 copay for PCP \$40 copay for Specialist; unless otherwise covered	
Insertion or removal of intrauterine device (IUD), including cost of device	under Contraceptive Services and Supplies described in Health Maintenance and Preventive Services	
Diaphragm or cervical cap fitting, including cost of device Insertion or removal of birth control device implanted under the skin, including cost of		

Injectable contraceptive drugs, including cost of drug		
Vasectomy	30% coinsurance after deductible for Inpatient Hospital Services; 30% coinsurance after deductible for Outpatient Facility Services 30 % coinsurance after deductible for Outpatient Physician Services	
Infertility Services Diagnostic counseling, consultations, family planning services and treatment services, per visit	\$20 copay for PCP \$40 copay for Specialist	
Behavioral	l Health Services	
+Outpatient Mental Health Care, per visit	\$20 copay	
*Inpatient Mental Health Care, per stay	Any charges described in Inpatient Hospital Services will apply.	
+Serious Mental Illness, per visit	\$20 copay	
+Chemical Dependency Services, per visit	\$20 copay	
	ency Services	
Emergency Care (including emergency room services for Mental Health Care or Chemical Dependency), per visit	30% coinsurance after deductible; waived if admitted. (If admitted, any charges described in Inpatient Hospital Services will apply.)	
Urgent Care		
Urgent Care Services, per visit	\$30 copay Any additional charges as described in Outpatient Laboratory and X-Ray Services may also apply.	
Ambulance Services		
+Ambulance Services, emergency medical transportation, per transport	30% coinsurance after deductible	
Extended Care Services		
*Skilled Nursing Facility Services, for each day, up to 25 days per calendar year	30% coinsurance after deductible	
Hospice Care, for each day	\$40 copay	
*Home Health Care, per visit, up to 60 visits per Calendar Year	\$40 copay	
Health Maintenance	e and Preventive Services	
Well-child care through age 17	No copay	

Periodic health assessments for Insured age 18 and older	No copay
Immunizations -Childhood immunizations required by law for Insured through age 6 -Immunizations for Insured over 6	No copay
Bone mass measurement for osteoporosis 2 allowed per year	No copay
Well-woman exam, once every twelve months, includes, but not limited to, exam for cervical cancer (Pap smear)	No copay
Screening mammogram for female Insured age 35 and over, and for female Insured with other risk factors, once every twelve months Ages 35-39 one baseline allowed Ages 40 and older; one per year -Outpatient facility or imaging centers	No copay
Contraceptive Services and Supplies -Contraceptive education, counseling and certain female FDA approved contraceptive methods, female sterilization procedures and devices.	No copay
Breastfeeding Support, Counseling and Supplies -Electric breast pumps are limited to one per Calendar Year.	
Hearing Loss -Screening test from birth through 30 days -Follow-up care from birth through 24 months	No copay
Screening for the detection of colorectal cancer for Insured age 45 and older:  *All colorectal cancer examinations, preventative services, and laboratory tests assigned a grade of "A" or "B" by the United States Preventative Services Task Force for average-risk individuals, including the services that may be assigned a grade of "A" or "B" in the future; and  * an initial colonoscopy or other medical test or procedure for colorectal cancer screening and a follow-up colonoscopy if the results of the initial colonoscopy, test, or procedure are abnormal.	No copay

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-Annual fecal occult blood test, once every twelve months -Flexible sigmoidoscopy with hemoccult of the stool, limited to 1 every 5 years -Colonoscopy, limited to 1 every 10 years	
Colonoscopies are considered diagnostic and would follow the Outpatient Surgery schedule	
Eye and ear screenings for Insured through age 17, once every twelve months	\$20 copay for PCP
Eye and ear screening for Insured age 18 and older, once every two years	\$20 copay for PCP
Note: Covered children to age 19 have additional benefits as described in PEDIATRIC VISION CARE BENEFITS. Routine eye exams and refractions are not a covered benefit for age 20 and above.	Any additional charges as described in Outpatient Laboratory and X-Ray Services may also apply.
Early detection test for cardiovascular disease, limited to 1 every 5 years  - Computer tomography (CT) scanning - Ultrasonography	30% coinsurance after deductible
Early detection test for ovarian cancer (CA125 blood test), once every twelve months	30% coinsurance after deductible
Exam for prostate cancer, once every twelve months	\$20 copay for PCP \$40 copay for Specialist
	Any additional charges as described in Outpatient Laboratory and X-Ray Services may also apply.
Dental Sur	gical Procedures
*Dental Surgical Procedures (See limited Covered Services)	30% coinsurance after deductible for Outpatient Facility Services 30% coinsurance after deductible for Outpatient
General and routine dental checkups and services are Not Covered for adults or children.	Physician Services, or 30% coinsurance after deductible for Inpatient
	Hospital Services, per visit, or

	er's
Cosmetic, Reconstructive or Plastic Surgery	
*Cosmetic, Reconstructive or Plastic Surgery (limited Covered Services)  30% coinsurance after deductible for Outpatien Facility Services 30% coinsurance after deductible for Outpatien Physician Services, or  30% coinsurance after deductible for Inpatient Hospital Services.	
Allergy Care	
Testing and Evaluation \$40 copay Injections Serum	
Diabetes Care	
Diabetes Self-Management Training, for each visit Diabetes Equipment  No copay  \$40 copay	
Diabetes Supplies Diabetes Supplies are available utilizing pharmacy benefits, through a Participating Pharmacy. You must pay the applicable PHARMACY BENEFITS amount shown in the SCHEDULE OF COPAYMENTS AND BENEFIT LIMITS and any applicable pricing differences.	
Prosthetic Appliances and Orthotic Devices	
*Prosthetic Appliances and Orthotic Devices  *Hearing Aids Per hearing aid, Limited to one (1) hearing aid per ear every 36 months.  \$40 copay  \$40 copay	
*Cochlear Implants Limit one (1) per impaired ear, with replacements as Medically Necessary or audiologically necessary.  \$40 copay Any Outpatient Surgery charges described in Outpatient Facility Services may also apply  Durable Medical Equipment	
*Durable Medical Equipment \$40 copay	
Speech and Hearing Services	

+Speech and Hearing Services Benefits for Autism Spectrum Disorder will not apply towards and are not subject to any speech and hearing services visit maximums.	Copay same as any other physical illness.	
Telehealth and Telemedicine Medical Services		
Telehealth and Telemedicine	Copay same as any other physical illness or behavioral health visit.	
Prescription Drugs		
Generic	\$10 copay	
Preferred Brand Drugs	\$20 copay	
Non-preferred brand drugs	\$60 copay after deductible	
+Specialty Drugs	\$250 copay after deductible	