COMMUNITY FIRST INSURANCE PLANS

SCHEDULE OF BENEFITS AND COST SHARING

University Community Care Plan by Community First – Silver Standard Plan Zero Cost Share

The following chart summarizes the coverage available under Your Exclusive Provider Organization (EPO) Policy. For details, refer to COVERED SERVICES AND BENEFITS. All Covered Services (except in emergencies) must be provided by or through a Participating Primary Care Physician/Practitioner, who may authorize You for further treatment by Providers in the applicable network of Participating Specialists and Hospitals, or by a Participating Specialist. Some services may require Preauthorization by Community First.

IMPORTANT NOTE: Copayments/Coinsurance shown below indicates the amount You are required to pay, are expressed as either a fixed dollar amount or a percentage of the Allowable Amount and will be applied for each occurrence, unless otherwise indicated. Copayments/Coinsurance, Deductibles and out-of-pocket maximums may be adjusted for various reasons as permitted by applicable law.

In Network Maximum Out of Pocket:

Individual: \$0 Family: \$0

In Network Medical Deductible:

Individual: \$0 Family: \$0

In Network Copayment: (Except for Specialty Drugs as shown below)

Basic Coverage:

Services must be obtained through Participating Network Providers.

Some services may require Preauthorization.

Detailed Prior-Authorization requirements are listed in the Health Insurance Exchange Prior-Authorization List.

Services with a (*) indicate pre-authorization is required.

Services with a (+) indicate pre-authorization may be required.

Out of Pocket Maximums Per Cal-	endar Year Including Pharmacy Benefits
Per Individual Insured	\$0

Per Family	\$0	
Deductibles Per Calendar Y	Year Including Pharmacy Benefits	
Per Individual Insured	\$0	
Per Family	\$0	
Professional Services		
Primary Care Physician/Practitioner ("PCP") Office or Home Visit	No copay	
Participating Specialist Physician ("Specialist") Office or Home Visit	No copay	
Inpatient I	Hospital Services	
Inpatient Hospital Services, physician/ surgeon fee, per visit *Inpatient Hospital Services, facility fee, for	No copay	
each admission	No copay	
	ysician and Facility Services	
Outpatient Surgery – Physician Services, per visit	No copay	
Outpatient Surgery - Hospital Setting	No copay	
Outpatient Surgery - Other Facility Setting	No copay	
Radiation Therapy	No copay	
Dialysis, per visit	No copay	
Outpatient Infu	sion Therapy Services	
+Routine Maintenance Drug - Hospital Setting, per visit	No copay	
+Routine Maintenance Drug – Home, Office, Infusion Suite Setting, per visit	No copay	
+Non-Maintenance Drug, per visit	No copay	
+Chemotherapy	No copay	
1.	tory and X-Ray Services	
+Hospital & Other Facility Setting Computerized Tomography (CT Scan), Computerized Tomography Angiography (CTA), Magnetic Resonance Angiography (MRA), Magnetic Resonance Imaging (MRI), Positron Emission Tomography (PET Scan), SPECT/Nuclear Cardiology studies, per procedure	No copay	
Other X-Ray Services	No copay	
+Outpatient Lab (*Genetic Testing Requires Authorization)	No copay	

Rehabilitation ar	d Habilitation Services
*Rehabilitation Services, Habilitation Services and Therapies, per visit:	No copay
Limited to 35 visits per Calendar Year for Rehabilitation Services	
Limited to 35 visits per Calendar Year for Habilitation Services Visit limitations do not apply to Behavioral Health Services or the treatment of an acquired brain injury.	
Benefits for Autism Spectrum Disorder will not apply towards and are not subject to any rehabilitation and habilitation services visit maximums.	
Chiro	practic Care
Chiropractic Care (35 visits per year) (+Authorization for Chiropractic not required)	No copay
Maternity Care and	Family Planning Services
Maternity Care	
Prenatal and Postnatal Visit – After the initial office visit, subsequent office visits are covered in full	No copay
initial office visit, subsequent office visits are covered in full Childbirth/Delivery professional services, per visit Inpatient Hospital Services, for each	No copay
initial office visit, subsequent office visits are covered in full Childbirth/Delivery professional services, per visit Inpatient Hospital Services, for each admission	
initial office visit, subsequent office visits are covered in full Childbirth/Delivery professional services, per visit Inpatient Hospital Services, for each	No copay
initial office visit, subsequent office visits are covered in full Childbirth/Delivery professional services, per visit Inpatient Hospital Services, for each admission Family Planning Services Diagnostic counseling, consultations and	No copay No copay
initial office visit, subsequent office visits are covered in full Childbirth/Delivery professional services, per visit Inpatient Hospital Services, for each admission Family Planning Services Diagnostic counseling, consultations and planning services, per visit Insertion or removal of intrauterine device	No copay No copay
initial office visit, subsequent office visits are covered in full Childbirth/Delivery professional services, per visit Inpatient Hospital Services, for each admission Family Planning Services Diagnostic counseling, consultations and planning services, per visit Insertion or removal of intrauterine device (IUD), including cost of device Diaphragm or cervical cap fitting, including cost of device Insertion or removal of birth control device implanted under the skin, including cost of	No copay No copay

Infertility Services Diagnostic counseling, consultations, family planning services and treatment services, per visit	No copay
Behaviora	l Health Services
+Outpatient Mental Health Care, per visit	No copay
*Inpatient Mental Health Care, per visit	No copay
+Serious Mental Illness, per visit	No copay
+Chemical Dependency Services, per visit	No copay
Emergo	ency Services
Emergency Care (including emergency room services for Mental Health Care or Chemical Dependency), per visit	No copay
Ur	gent Care
Urgent Care Services, per visit	No copay
Ambul	ance Services
+Ambulance Services, emergency medical transportation, per transport	No copay
Extended	d Care Services
*Skilled Nursing Facility Services, for each day, up to 25 days per calendar year	No copay
Hospice Care, for each day	No copay
*Home Health Care, per visit, up to 60 visits per Calendar Year	No copay
-	e and Preventive Services
Well-child care through age 17	No copay
Periodic health assessments for Insured age 18 and older	No copay
Immunizations -Childhood immunizations required by law for Insured through age 6 -Immunizations for Insured over 6	No copay
Bone mass measurement for osteoporosis	No copay
Well-woman exam, once every twelve months, includes, but not limited to, exam for cervical cancer (Pap smear)	No copay

Screening mammogram for female Insured age 35 and over, and for female Insured with other risk factors, once every twelve months -Outpatient facility or imaging centers	No copay
Contraceptive Services and Supplies -Contraceptive education, counseling and certain female FDA approved contraceptive methods, female sterilization procedures and devices.	No copay
Breastfeeding Support, Counseling and Supplies -Electric breast pumps are limited to one per Calendar Year.	
Hearing Loss -Screening test from birth through 30 days -Follow-up care from birth through 24 months	No copay
Screening for the detection of colorectal cancer for Insured age 45 and older: -All colorectal cancer examinations, preventative services, and laboratory tests assigned a grade of "A" or "B" by the United States Preventative Services Task Force for average-risk individuals, including the services that may be assigned a grade of "A" or "B" in the future; and - an initial colonoscopy or other medical test or procedure for colorectal cancer screening and a follow-up colonoscopy if the results of the initial colonoscopy, test, or procedure are abnormal.	No copay
Eye and ear screenings for Insured through age 17, once every twelve months	No copay
Eye and ear screening for Insured age 18 and older, once every two years	No copay
Note: Covered children to age 19 have additional benefits as described in PEDIATRIC VISION CARE BENEFITS. Routine eye exams and refractions are not a covered benefit for age 20 and above.	

Early detection test for cardiovascular disease, limited to 1 every 5 years	No copay
- Computer tomography (CT) scanning - Ultrasonography	
Early detection test for ovarian cancer (CA125 blood test), once every twelve months	No copay
Exam for prostate cancer, once every twelve months	No copay
Dental Su	rgical Procedures
*Dental Surgical Procedures (limited Covered Services)	No copay
General and routine dental checkups and services are Not Covered for adults or children.	
Cosmetic, Reconst	ructive or Plastic Surgery
*Cosmetic, Reconstructive or Plastic Surgery (limited Covered Services)	No copay
All	ergy Care
Testing and Evaluation Injections Serum	No copay
Dia	betes Care
Diabetes Self-Management Training , for each visit	No copay
Diabetes Equipment	No copay
Diabetes Supplies Diabetes Supplies are available utilizing pharmacy benefits, through a Participating Pharmacy. You must pay the applicable PHARMACY BENEFITS amount shown in the SCHEDULE OF COPAYMENTS AND BENEFIT LIMITS and any applicable	No copay No copay
Diabetes Supplies Diabetes Supplies are available utilizing pharmacy benefits, through a Participating Pharmacy. You must pay the applicable PHARMACY BENEFITS amount shown in the SCHEDULE OF COPAYMENTS AND BENEFIT LIMITS and any applicable pricing differences.	No copay
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Diabetes Supplies Diabetes Supplies are available utilizing pharmacy benefits, through a Participating Pharmacy. You must pay the applicable PHARMACY BENEFITS amount shown in the SCHEDULE OF COPAYMENTS AND BENEFIT LIMITS and any applicable pricing differences. Prosthetic Appliances and Orthotic	No copay
Diabetes Supplies Diabetes Supplies are available utilizing pharmacy benefits, through a Participating Pharmacy. You must pay the applicable PHARMACY BENEFITS amount shown in the SCHEDULE OF COPAYMENTS AND BENEFIT LIMITS and any applicable pricing differences. Prosthetic Appliar	No copay ces and Orthotic Devices

Per hearing aid, Limited to one (1) hearing aid per ear every 36 months. *Cochlear Implants No copay Limit one (1) per impaired ear, with replacements as Medically Necessary or audiologically necessary. Durable Medical Equipment *Durable Medical Equipment No copay Speech and Hearing Services Copay same as any other physical illness +Speech and Hearing Services Benefits for Autism Spectrum Disorder will not apply towards and are not subject to any speech and hearing services visit maximums. Telehealth and Telemedicine Medical Services Telehealth and Telemedicine Copay same as any other physical illness or behavioral health visit. Prescription Drugs Generic No copay **Preferred Brand Drugs** No copay Non-preferred brand drugs No copay +Specialty Drugs No copay