COMMUNITY FIRST INSURANCE PLANS

SCHEDULE OF BENEFITS AND COST SHARING

University Community Care Plan by Community First – Silver Standard Plan (On-Exchange, Off-Exchange)

The following chart summarizes the coverage available under Your Exclusive Provider Organization (EPO) Policy. For details, refer to COVERED SERVICES AND BENEFITS. All Covered Services (except in emergencies) must be provided by or through a Participating Primary Care Physician/Practitioner, who may authorize You for further treatment by Providers in the applicable network of Participating Specialists and Hospitals, or by a Participating Specialist. Some services may require Preauthorization by Community First.

IMPORTANT NOTE: Copayments/Coinsurance shown below indicates the amount You are required to pay, are expressed as either a fixed dollar amount or a percentage of the Allowable Amount and will be applied for each occurrence, unless otherwise indicated. Copayments/Coinsurance, Deductibles and out-of-pocket maximums may be adjusted for various reasons as permitted by applicable law.

In Network Maximum Out of Pocket:

Individual: \$8,900 Family: \$17,800

In Network Medical Deductible:

Individual: \$5,800 Family: \$11,600

In Network Copayment: (Except for Specialty Drugs as shown below)

Basic Coverage:

Services must be obtained through Participating Network Providers.

Some services may require Preauthorization.

Detailed Prior-Authorization requirements are listed in the Health Insurance Exchange Prior-Authorization List.

Services with a (*) indicate pre-authorization is required. Services with a (+) indicate pre-authorization may be required.

Out of Pocket Maximums Per Calendar Year Including Pharmacy Benefits		
Per Individual Insured	\$8,900	
Per Family	\$17,800	
Deductibles Per Calendar Year Including Pharmacy Benefits		

\$11,600
ional Services
\$40 copay
\$80 copay
Hospital Services
\$40 copay
40% coinsurance
ysician and Facility Services
40% coinsurance, after deductible
\$80 copay
sion Therapy Services
\$80 copay
\$80 copay
\$80 copay
40% coinsurance, after deductible
tory and X-Ray Services
40% coinsurance, after deductible
40% coinsurance, after deductible 40% coinsurance, after deductible

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Rehabilitation and Habilitation Services \$40 copay unless otherwise covered under *Rehabilitation Services, Habilitation **Inpatient Hospital Services Services and Therapies**, per visit: Limited to 35 visits per Calendar Year for Rehabilitation Services Limited to 35 visits per Calendar Year for **Habilitation Services** Visit limitations do not apply to Behavioral Health Services or the treatment of an acquired brain injury. Benefits for Autism Spectrum Disorder will not apply towards and are not subject to any rehabilitation and habilitation services visit maximums. Chiropractic Care Chiropractic Care (35 visits per year) (+Authorization for Chiropractic not \$80 co-pay per visit required) Maternity Care and Family Planning Services **Maternity Care** \$40 copay Prenatal and Postnatal Visit – After the initial office visit, subsequent office visits are covered in full Childbirth/Delivery professional services, per visit \$80 copay Inpatient Hospital Services, for each admission 40% coinsurance, after deductible **Family Planning Services** \$40 copay for PCP Diagnostic counseling, consultations and \$80 copay for Specialist; unless otherwise covered planning services, per visit under Contraceptive Services and Supplies Insertion or removal of intrauterine device described in Health Maintenance and Preventive (IUD), including cost of device Services Diaphragm or cervical cap fitting, including cost of device Insertion or removal of birth control device implanted under the skin, including cost of device

cost of drug

Injectable contraceptive drugs, including

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Vasectomy	40% coinsurance, after deductible, for Inpatient Hospital Services; 40% coinsurance, after deductible, for outpatient surgery physician, after any additional charges as described in Outpatient Facility Services may also apply	
Infertility Services		
Diagnostic counseling, consultations, planning and treatment services, per visit	\$40 copay for PCP \$80 copay for Specialist	
Behaviora	l Health Services	
+Outpatient Mental Health Care, per visit	\$40 copay	
*Inpatient Mental Health Care, per visit	Any charges described in Inpatient Hospital Services will apply.	
+Serious Mental Illness, per visit	\$40 copay	
+Chemical Dependency Services, per visit	\$40 copay	
Emerg	ency Services	
Emergency Care (including emergency room services for Mental Health Care or Chemical Dependency), per visit	40% coinsurance after deductible; waived if admitted. (If admitted, any charges described in Inpatient Hospital Services will apply.)	
Ur	gent Care	
Urgent Care Services, per visit	\$60 copay Any additional charges as described in Outpatient Laboratory and X-Ray Services may also apply.	
Ambul	ance Services	
+Ambulance Services, emergency medical transportation, per transport	\$80 copay	
Extended	d Care Services	
*Skilled Nursing Facility Services, for each day, up to 25 days per calendar year	40% coinsurance, after deductible	
Hospice Care, for each day	\$80 copay	
*Home Health Care, per visit, up to 60 visits per Calendar Year	\$80 copay	
Health Maintenance and Preventive Services		
Well-child care through age 17	No copay	
Periodic health assessments for Insured age 18 and older	No copay	

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Immunizations	No copay
-Childhood immunizations required by law	
for Insured through age 6	
-Immunizations for Insured over 6	
Bone mass measurement for osteoporosis	No copay
Well-woman exam, once every twelve	No copay
months, includes, but not limited to, exam	
for cervical cancer (Pap smear)	
Screening mammogram for female Insured	No copay
age 35 and over, and for female Insured	
with other risk factors, once every twelve	
months	
-Outpatient facility or imaging centers	
Contraceptive Services and Supplies	No copay
-Contraceptive education, counseling and	
certain female FDA approved contraceptive	
methods, female sterilization procedures and	
devices.	
Breastfeeding Support, Counseling and	
Supplies	
-Electric breast pumps are limited to one per	
Calendar Year.	
Hearing Loss	No copay
-Screening test from birth through 30 days	
-Follow-up care from birth through 24	
months	
Rectal screening for the detection of	No copay
colorectal cancer for Insured age 50 and	
older:	
-Annual fecal occult blood test, once every	
twelve months	
-Flexible sigmoidoscopy with hemoccult of	
the stool, limited to 1 every 5 years	
-Colonoscopy, limited to 1 every 10 years	

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Eye and ear screenings for Insured through age 17, once every twelve months	\$40 copay for PCP
Eye and ear screening for Insured age 18 and older, once every two years Note: Covered children to age 19 do have	\$40 copay for PCP
additional benefits as described in PEDIATRIC VISION CARE BENEFITS	Any additional charges as described in Outpatient Laboratory and X-Ray Services may also apply.
Early detection test for cardiovascular disease, limited to 1 every 5 years	40% coinsurance, after deductible
Computer tomography (CT) scanningUltrasonography	
Early detection test for ovarian cancer (CA125 blood test), once every twelve months	40% coinsurance, after deductible
Exam for prostate cancer, once every twelve months	\$40 copay for PCP \$80 copay for Specialist
	Any additional charges as described in Outpatient Laboratory and X-Ray Services may also apply.
Dental Sur	rgical Procedures
*Dental Surgical Procedures (limited Covered Services), per visit	40% coinsurance, after deductible, for outpatient surgery physician; and Outpatient Surgery charges as described in Outpatient Facility Services, or:
	40% coinsurance, after deductible, for Inpatient Hospital Services.
Pediatric Dental Services	
*Pediatric Dental Services (for Insured up to	Routine dental checkups are not covered.
19 years of age)	Limited dental services as detailed in Pediatric
	Dental Services.
Cosmetic, Reconstructive or Plastic Surgery	
*Cosmetic, Reconstructive or Plastic	40% coinsurance after deductible for outpatient
Surgery (limited Covered Services)	surgery physician; and Outpatient Surgery charges as described in Outpatient Facility Services; or
	40% coinsurance after deductible for Inpatient Hospital Services
All	ergy Care

Testing and Evaluation Injections Serum	\$80 copay		
Dia	betes Care		
Diabetes Self-Management Training, for each visit Diabetes Equipment	No copay \$80 copay		
Diabetes Equipment Diabetes Supplies	\$80 copay		
Some Diabetes Supplies are only available utilizing pharmacy benefits, through a Participating Pharmacy. You must pay the applicable PHARMACY BENEFITS amount shown in the SCHEDULE OF COPAYMENTS AND BENEFIT LIMITS and any applicable pricing differences.	\$60 Copay		
Prosthetic Applian	Prosthetic Appliances and Orthotic Devices		
*Prosthetic Appliances and Orthotic	\$80 copay		
Per hearing Aids Per hearing aid, Limited to one (1) hearing aid per ear every 36 months. *Cochlear Implants Limit one (1) per impaired ear, with	\$80 copay \$80 copay Any Outpatient Surgery charges described in		
replacements as Medically Necessary or	Outpatient Facility Services may also apply		
audiologically necessary.	edical Equipment		
*Durable Medical Equipment	\$80 copay		
	Hearing Services		
+Speech and Hearing Services Benefits for Autism Spectrum Disorder will not apply towards and are not subject to any speech and hearing services visit maximums.	Copay same as any other physical illness		
Telehealth and Telemedicine Medical Services			
Telehealth and Telemedicine	Copay same as any other physical illness or behavioral health visit.		
Prescription Drugs			
Generic	\$20 copay		
Preferred Brand Drugs	\$40 copay		
Non-preferred brand drugs	\$80 copay, after deductible		
+Specialty Drugs	\$350 copay		

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